

## **Labdara Foundation President's Report to AGM, April 9<sup>th</sup>, 2019**

**Judy Kavaliauskas**

A big thank you to the members of Labdara Foundation for attending this meeting. We hope to satisfy your information requirements and share what we've been up to for the past year. Towards the end of this meeting we will have an open discussion period and your questions will be directed to those on the Board/ACC/or LB management with best knowledge on that subject. Joana Kuras is also present to answer your questions.

Directors of the Board have worked very hard to accomplish our goals and this has been a remarkable experience. We have an assortment of retired and working professionals in the fields of healthcare administration, nursing, accounting, information technology, government management/administration, education, corporate management and administration - these combined skills worked together seamlessly – 'The Dream Board'. We worked with Labdara's managing company Assured Care Consulting and the Home's management team, providing assistance when necessary or requested.

Once again, Labdara met all Ministry standards or requirements for resident care and home/environmental maintenance with great results. One of these requirements was the re-establishment of the Family Council. Only 3-4 families are represented and I strongly encourage more participation from families of residents. Their next meeting is on Sunday, April 14<sup>th</sup>, 1pm at Labdara. Meetings are held twice a year - please participate in this group as you can discuss and directly impact the care of your family member through this group.

We have a waiting list of about 71 people and wait-times for admission are about 2 years. These two numbers have been fairly consistent over the years.

Quality indicator reports from the Ministry of Health and Long Term Care continue to show that our residents, on average, are doing well or above average when compared to Long Term Care residents within Ontario on various health indicators. New admissions are older and bring more complex illnesses but with thanks to management and staff at LB we continue to excel.

LB's annual operating cost continues to be at about \$6.4M per year. The mortgage is about \$3.9M. Mortgage service costs are about \$500,000. Our Capital Reserve Fund requirement set by the Ministry is approximately \$500,000 and we are able to consistently contribute it around \$60,000 annually from Ministry operating funds. This is all laid out in the audited statements. The mortgage is due in 2022 at which time we will owe about \$3.1M and the next major challenge will be to sort out arrangements to renew the mortgage. The Board is currently discussing forming a Finance Committee to study and make recommendations.

### **Achievements in 2018:**

We had a change of personnel in the Administrator's position. During the transition Robert Berg brought Michael Bausch into LB about a year ago, he then stayed on to assist Laura Puteris, our new Administrator. Laura was one of 5 applicants who responded to the advertisements. Laura was hired through an open competition and she successfully earned the job through several rounds of interviews. Laura is very well-qualified and as *luck* would have it - is Lithuanian! The interim and eventual transition has been seamless and we indeed have been very fortunate during what can be a difficult time. Thank you Robert, Michael and Laura.

We purchased new dining room furniture for all three floors from the proceeds of the fundraiser by the 2017 Board. The installation of the Video Security Cameras was

completed (from the Gala 2016 fundraiser). Nursing Station renovations are completed with new furniture for all, areas are painted and clean.

### **Fundraising:**

Under consideration by the next Board will be stronger fundraising as income has been relatively low this year. We held back from aggressive fundraising due to donor-fatigue as we had a very successful drive last year. In this year's modest fundraising drive we had a large donation from Dana and Gedas Sakas with which we purchased 3 sleeper chairs at a cost of \$11,000 for families to use when they would like to stay overnight with their folks. Our community must be aware that LB's needs are ongoing because service to our people is 24/7 and the service costs of an institution are very high – e.g., a new stove will cost about \$14,000, and ours will have to be replaced very shortly.

Bingo intake rose substantially - \$51,415 in 2018 vs. \$44,207 in 2017. Bingo team members are: Arunas Morkunas, Sandra Burke, Birute Batraks, Vidmantas Valiulis – and we thank them for their work and efforts. Dollars spent from this source must be directly for the benefit of residents such as physical aids, kitchen/dietary apparatus, etc., due to City of Toronto requirements.

### **Policy:**

The Medical Assistance in Dying (known as MAID) policy is groundbreaking and was introduced as law two years ago. Due to the sensitive nature of this issue and its legal implications, Labdara management and its Board have taken great care to obtain expert advice in the preparation of the policy. We appreciate that it can be difficult for residents, families and staff alike and the policy will be prepared to provide support to all involved.

A Procurement Policy was recently approved by the Board. This policy was prepared by Ray Smolskis and he will present more detail later.

### **The Future:**

The average age of incoming residents has increased to 93. These residents are more advanced in their health issues – including dementia - thereby requiring more care and stretching human resources even further.

Province-wide there is difficulty in hiring staff, especially Personal Support Workers, or PSW's. The work is demanding, can be physically dangerous and requires training – especially dealing with dementia. PSW's, for example, have 6 minutes per resident to rise a resident from bed and into the dining room for breakfast. The current staff is doing a fabulous job of caring for our folks and all are committed and faithful employees. In other words, the care-requirement has increased but budgets for hiring additional staff have not.

Recruiting qualified Board directors is an on-going challenge. As you can see, we have some younger Directors which is terrific and personally I'm energized by their presence and enthusiasm! As Board Directors terms are up we need to replace them and it's an uphill task. We are retiring 3 Board Directors this year and have fortunately replaced them. The Board can be downsized (must have between 6 and 12) but that presents a problem with distribution of work. This is a "working Board" so members are involved in research, meetings, updating existing data, etc. - but the work is interesting and gratifying – especially the results!

I would like to thank our retiring Board members – Ray Smolskis, Julia Simonelis and Rauda Dickinson. Virginia Peciulis' term is up but she chooses to stay on the Board. Ray/Julia/Rauda – thank you for your unflinching support and work on the Board.

Also, a big personal thank you to Gabija Petrauskas for your continuing support for Labdara in preparing our communications materials – no small feat – and depth of knowledge of LB. I came onto the Board and became President all in one fell swoop and Gabija unselfishly provided information and assistance.

Thanks again for your attention and for attending this AGM. We, the Board, are very proud of LB and its community who are committed to continuing to care for our loved ones in an exceptionally successful mix of resident care, financial and premise management. The LB community extends well beyond staff, volunteers, ACC and the Board. With YOUR support through attendance at events, donations, volunteering – by giving your talents and abilities freely – life at LB - (and your life is) enriched – 'BE JUSU, NERA MUSU' – 'Without you there is no us'.